



### The Academies at IHAA.

How far can you get with your sport if you get the opportunity of training and living under optimal conditions? This question can be partly answered by IHAA, via our Academies with their goal-directed teaching of dance, handball, sailing and football.

The Academies are the places where as a young and talented student you will experience a daily life that is tailored to the demands of an elite performer. This means that in practice you can "live like a professional".

You will experience a strong, professional environment, where your qualifications and ambitions are taken seriously. At the same time you will be living with a lot of young, focused people who are all committed to sport, body and movement.

### Facilities

The Academies are located to VR-Sportcenter in Risskov and the harbour of Aarhus - close to the coming sports-rambla in the town. The Academy has a lot of sports-facilities - 4 halls and a full-size artificial football-pitch. Furthermore we are close to the forest, the beach and " the smallest, big city in the world - Aarhus".

### Duration

18, 21 or 39 weeks  
Admission January/August

### Fee

1450 d.kr. per week  
(Incl. board, lodging, and teaching).  
Individual scholarships, support and club arrangements are possible.

### Information

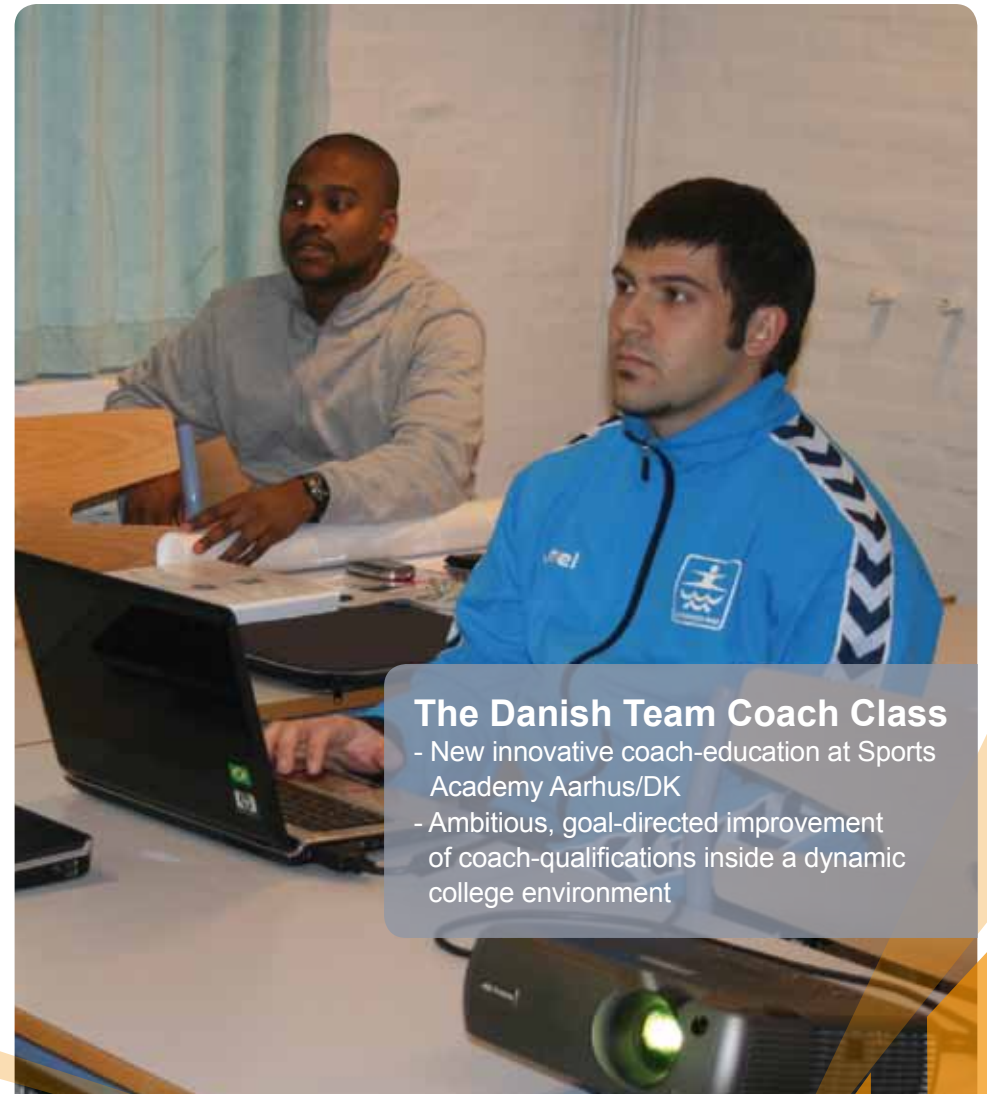
For supplementary information you may contact Aksel Nørgaard  
mobile +4520629817, mail akselnoergaard@ihaarhus.dk

### Enrolment

Call IHAA, telephone +4586213800 and request an application form or enrol online [www.ihaarhus.dk](http://www.ihaarhus.dk)



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### The Danish Team Coach Class

- New innovative coach-education at Sports Academy Aarhus/DK
- Ambitious, goal-directed improvement of coach-qualifications inside a dynamic college environment

- Trainee-connection to Elite-club/team in Aarhus/DK



[www.ihaarhus.dk](http://www.ihaarhus.dk)



## Coaching the Danish Way:

The Sports-Academy has – through the last 8-10 seasons – built up an international reputation with our close contacts by involving our international students/athletes at our football, handball, sailing and dance-academies!

It gave us the idea of building up a coach-education built on the Danish philosophies of Holistic Leadership and a more than a 100 year old tradition of organising and educating inside sports – in particular team-sports!

Our goal is to start up with a new Coach-Class of 12-16 int. students every August and January. Applicants will themselves have had some experience in leadership and Team-Sport-Coaching, will be aged between 20 – 30 years old and will have the determination to be a top-coach in the future. Educational language is English!

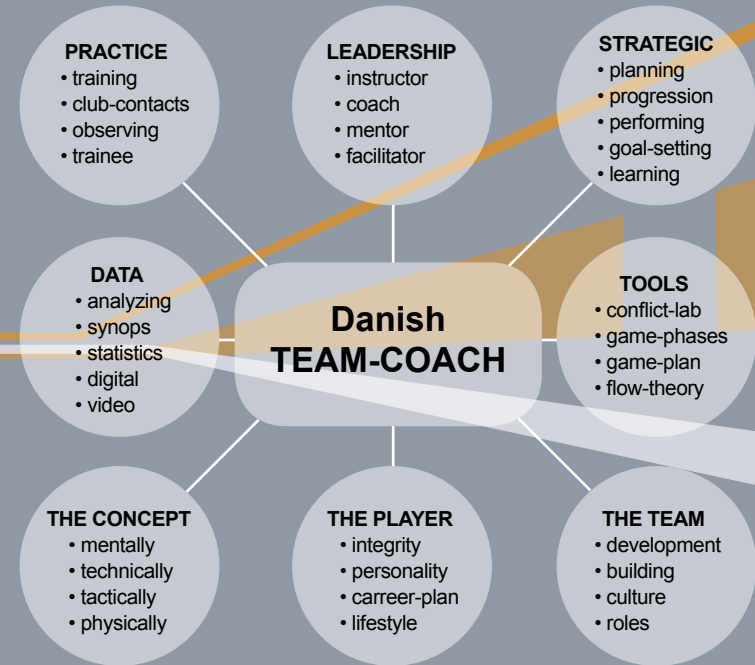
Our local and national, elite network of league-clubs, organisations etc. in Aarhus and DK are all ready to invite our future int. coach-class students to be trainees. The Course will end up with an individual Team-Project incl. your Diploma.

At IHAA we focus on “the complete person.”  
That is the qualification for becoming  
“the complete player”.

<b>Physically</b>	<b>Mentally</b>	<b>Tactically</b>
Strength & Conditioning Diet and nutrition Testing Recovery	Sturdiness Involvement Consideration Frankness Result-oriented	Structure Creativity Way of thinking Sense of reality

### The complete person - the complete player

<b>Future</b>	<b>Social skills</b>	<b>Techniques</b>
Education Job Career Media	Team building “Making each other better” Ethics/moral	The detail Focus “The marginal differences”



**Aksel Nørgaard**  
Manager of Education,  
Human Resource  
Consultant,  
Former League Coach



**Peter Bredsdorff**  
League Coach,  
National Assistant  
Coach Men,  
Team Development



**Claus Blem**  
Manager in  
Aarhus GF/League  
of Sport &  
Communication



**Søren Broberg**  
Int. Sport-Managing  
& Promotion,  
Sport Management  
Advisor Aps



**Per Andersen**  
Danish Football  
Federation,  
Education,  
National U-19 coach



**Flemming Vidriksen**  
Organisation-  
Development,  
Efficient Culture,  
Values and Visions



**Jesper Holmrís**  
Int. Handball Coach,  
Former National  
Player, Head Coach  
GB Women Handball



**Jan Paulsen**  
League-Coach in DK  
Ass. coach Flensburg-  
Handewitt/Germany  
Former proff. player  
in 6 countries